

Register to watch the free film via Zoom called **“Resilience”**

Sponsored by –

- Children’s Advocacy Center of Southern Arizona, and
- Mike Moyer, advocate for increasing awareness and ending Adverse Childhood Experiences (ACES), and a member of Mountain Shadows Presbyterian Church, Tucson, AZ. Mike also is part of a new community-based group being formed (Southern Arizona PACEs Community Coalition) that will work to increase awareness find solutions to end this horrible human condition.

How to register –

- Either
 - Scan this QR code with your handheld device for the Zoom meeting. Enter the Zoom meeting with your first/last names and email address –



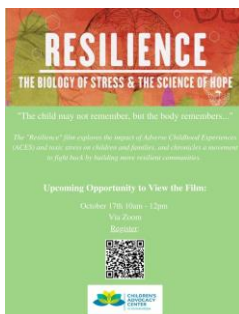
- Click on [“Resilience Registration”](#) for entry into the Zoom meeting. Enter your first/last names and email address.

When: October 17, 2023, 10:00 AM – 12:00 PM (AZ time). The film lasts one hour followed by a facilitated debriefing of no more than an hour. You can leave at any time, if necessary.

What’s the film about –

- The film addresses ACEs. We all know that children who grow up in broken homes often don’t do well in school or in life. This film provides an opportunity to learn how children often respond to harmful, traumatic emotional and physical experiences. The film points out that ACEs are more prevalent than many of us realize. The film is shocking in terms of the impact that affects not just the children but all of us.
- ACEs affect children physically, mentally, socially, and emotionally. ACEs affect the brain – oftentimes, permanently. ACEs affect adults’ physical and mental health, including life span.
- If ACEs-affected people are to achieve healthy, happy, and productive lives and become good parents themselves, every child needs to learn from a loving, caring adult how to build **resilience** and deal with ACEs. This film provides such insight.

To increase awareness about ACEs in Southern AZ, watching this film is a good first step towards reducing ACEs. From other communities around the USA that have already taken steps to address ACEs effectively, it is known that it takes both a village of caring community partners and time (think in terms of 10 years). The newly forming Southern Arizona PACEs Community Coalition intends to actively address ACEs awareness and solutions.



For more information, see [Children’s Advocacy Center of Southern Arizona](#). The Children’s Advocacy Center of Southern Arizona is a 501(c)(3) nonprofit recognized by the IRS. Tax ID Number: 26-3208123. Arizona State Tax Credit QCR code is 20510. For questions, please contact Sarah Reed, Training and Community Outreach Coordinator -- (520) 724-2193.