

## Mountain Shadows is a Protein Partner

**DANIIEL ENGELJOHN** 

Each year, throughout the month of March, our church is the April IMPACT Bag Partner. We collect at least 500 12-oz cans of animal- and fish-based protein. By Monday, March 31, Mountain Shadows delivers the protein to IMPACT of Southern Arizona located in Catalina, Arizona. The protein is included in the grocery bags stocked with other donated items to be distributed to qualifying families throughout the month of April. Although IMPACT has access to donated funds to purchase peanut butter and other plant-based forms of protein, donated funds generally are not designated for purchase of the more expensive animal- and fish-based protein. Thus, since 2022, Mountain Shadows has taken on the task of collecting this high-cost protein. If you are interested in a church that is centered in Christ and caring for community, check out us out online at mountainshadowschurch.org.